

PSYCHOLOGY GAZETTE 2026

PSYCHOLOGY TARIFF OF FEES AS FROM 1 APRIL 2026 (PRACTICE TYPE 86)	
General Rules	
Rule	Rule Description
A	Psychology services account must be accompanied by a referral letter from the treating principal doctor indicating the condition of the employee and the need for such services. An overall event limit of ten (10) sessions including group therapy is allowed. One session is allowed per day. Motivation letter is required for sessions more than ten (10).
B	<p>a. An emergency medical condition means the sudden and, at the time, unexpected onset of a health condition that requires immediate medical treatment and/or an operation. If the treatment is not available, the emergency could result in weakened bodily functions, serious and lasting damage to organs, limbs or other body parts, or even death.</p> <p>b. "Emergency treatment" means a bona fide, justifiable emergency psychological procedure, where failure to provide the service immediately would result in serious or irreparable psychological or functional impairment</p> <p>c. "Working hours" means 8h00 to 17h00, Monday to Friday. Modifier 0003 must be quoted after the appropriate tariff code to indicate that this rule is applicable.</p> <p>Where emergency treatment is provided:</p> <p>a. During working hours, and the provision of such treatment requires the practitioner to leave the practice to attend to the patient at another venue; or</p> <p>b. After working hours the fee for such visits shall be the total fee plus 50%.</p>
C	Compilation of reports: Reports are required after every consultation, counselling and / or therapy including group therapy.
D	Unless timely steps are taken (at least two hours) to cancel an appointment for a consultation the relevant consultation fee shall be payable by the employee.
Modifiers	
Modifier	Modifier Description
0003	Emergency consultation: Add 50% of the total fee for the treatment. Use of the modifier should always be accompanied by a medical report.
0004	Psychology services rendered to an in-patient in a nursing home or hospital.

Tariff Codes		
Code	Code Description	Rand
Consultative and Therapeutic Services		
86206	Initial visit / session in rooms or in-hospital: Psychology assessment, consultation, counselling and / or therapy (individual or family). Duration: 51 - 60min. Service includes counselling with the patient and/or family and co-ordination with other health care providers.	1425.09
86203	Follow up visit / session in rooms or in-hospital: Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 31-40min. Service includes counselling with the patient and/or family and co-ordination with other health care providers.	1425.09
86204	Final visit / session either in rooms or in-hospital: Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 41-50min. Service includes counselling with the patient and / or family and co-ordination with other health care providers.	1128.19
86205	Progress visit/ session in rooms or in-hospital: Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 51-60min. Service includes counselling with the patient and/or family and co-ordination with other health care providers.	877.42
Hospital visit with Multi-Disciplinary Team		
86211	Initial in-hospital session / visit with the Multi-Disciplinary Team: Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 60-120min. Service includes counselling with the patient and / or family and co-ordination with other health care providers.	2883.28
Group consultation, counselling or therapy		
Group consultation, counselling and/or therapy items are chargeable to a maximum of ten (10) patients. Limited to 60 minutes per day. Sessions accumulate to the overall event limit of ten (10)		
86305	Psychology group session / consultation counselling and/or therapy, per patient. Duration: 51-60min. Refer to Rule "C"and the relevant modifier applies.	175.48